IRIS Program Descriptions A to Z

AARP

- Readings from the AARP Bulletin
- Sunday 8:30AM, Friday 7:30AM

The Atlantic

- The Atlantic Magazine
- Monday 9:00PM, Wednesday 4:00AM

Black News & Culture

- Readings from The Root and a variety of multicultural sources
- Monday 7:00AM, Saturday 8:00AM

The Business Record

- Weekly readings of the Business Record
- Sunday 7:00AM, Friday 9:00PM
- Podcast Channel: Business & Agriculture

Capital Dispatch

- The Iowa Capital Dispatch is "dedicated to connecting lowans to their state government and its impact on their lives."
- Sunday Noon, Monday 8:00PM
- Podcast Channel: Central Iowa News

Cedar Rapids Gazette

- Daily editions of the Cedar Rapids Gazette
- Every day 3:00PM
- Podcast Channel: Eastern Iowa News

Cityview

- Central Iowa's Independent Newspaper
- Monday 7:30AM, Wednesday 8:00AM
- Podcast Channel: Central Iowa News

Consumer News

- Articles from Consumer Reports and other consumer publications
- Monday 4:00AM, Wednesday 9:00PM

Council Bluffs Daily Non Pareil

- Readings from the Council Bluffs Daily Non Pareil
- Monday through Friday 5:00PM
- Podcast Channel: Western Iowa News

DayBreak

- Daily guided exercise, inspiration and motivational readings.
- Monday through Friday 8:30AM

Des Moines Register

- Daily readings from the Des Moines Register
- Live Every Day 9:00AM, Replays at 6:00PM, 1:00AM
- Podcast Channel: Central Iowa News

Dubuque Telegraph Herald

- Readings from the Dubuque Telegraph Herald
- Monday through Friday 2:00PM
- Podcast Channel: Eastern Iowa News

Forbes & Fortune

- Articles from Forbes and Fortune Magazines
- Monday 6:00AM, Friday 8:00PM

Golden Radio Hour

- Vintage Radio Shows
- Thursday 9:00PM, Saturday 11:00PM

In Focus

- Interviews with local officials, candidates and organizations
- Sunday 2:00PM, Thursday 7:00AM
- Podcast Channel: Connections

In the Kitchen

- Recipes, tips and tricks from a variety of cooking magazines
- Sunday 4:00AM, Saturday 1:00PM

Iowa Hour

- The Iowa Source, Iowa History Journal and Iowa Outdoors
- Wednesday 6:00AM, Thursday 8:00PM, Saturday 5:00PM
- Podcast Channel: Connections

Iowa Salute

- Books written by or about lowans in the Military
- Wednesday 8:00PM, Friday 4:00AM
- Podcast Channel: Connections

Living at Home

- Real Simple, Midwest Living, Magnolia and Better Homes & Gardens
- Sunday 1:00PM, Saturday 6:00AM

Mason City Globe Gazette and Fort Dodge Messenger

- Both newspapers condensed into one hour
- Monday through Friday at Noon
- Podcast Channel: Northern Iowa News

MidWeek Shopping Cart

- Weekly specials from Hy-Vee, Fareway and Aldi
- Tuesday 8:00PM, Wednesday 7:00AM
- Podcast Channel: Foodies

National Geographic

- Weekly readings from National Geographic
- Sunday 8:00AM

New York Times

- Daily readings from The New York Times
- Monday through Friday 11:00PM

The New Yorker

- Articles from the New Yorker Magazine
- Sunday 9:00PM, Saturday 7:00AM

People

- Weekly readings from People magazine
- Thursday 12:00AM, Sunday 5:00PM

People's Pharmacy

- Health and Wellness from PeoplesPharmacy.com
- Tuesday 12:00AM, Saturday Noon

Pet Hour

- Cat Fancy, Dog Fancy and Bark Magazines
- Sunday 6:00AM, Thursday 4:00AM

Polk County Senior

- Menus from the Polk County Senior meal sites plus articles from the Polk County Senior Bulletin.
- Monday 8:00AM, Saturday 8:30AM
- Podcast Channel: Connections

Quad City Times

- Readings from the Quad City Times
- Monday through Friday 11:00AM
- Podcast Channel: Eastern Iowa News

Readers Digest

- Weekly readings from the Readers Digest
- Tuesday 7:00AM, Thursday 8:00AM

Rolling Stone

- Readings from the Rolling Stone Magazine
- Sunday 11:00PM, Saturday 5:00AM

Saturday Night Movie

A weekly movie with Audio Description

Saturday 9:00PM

Sioux City Journal

- Readings from the Sioux City Journal
- Sunday through Friday 4:00PM
- Podcast Channel: Western Iowa News

Smithsonian

- Smithsonian Magazine
- Sunday 10:00PM, Wednesday 12:00AM

Spotlight on Sports

- Readings from Sports Illustrated and ESPN
- Tuesday 6:00AM, Saturday 12:00AM, Saturday 4:00PM

Successful Farming

- Readings from Successful Farming Magazine
- Tuesday 8:00AM, Friday 7:00AM
- Podcast Channel: Business & Agriculture

Taste

- Central Iowa Food and Entertainment news from a variety of sources
- Tuesday 7:30AM, Friday 8:00AM
- Podcast Channel: Foodies

Tech Nation

- Articles and conversations from Tech Nation
- Sunday 5:00AM, Saturday 4:00AM

The Economist

- Weekly readings from The Economist
- Tuesday 4:00AM, Friday 6:00AM

The Week

• Articles from The Week

Sunday 12:00AM, Monday 5:00AM

Time Magazine

- Readings from Time Magazine
- Tuesday 9:00PM, Friday 12:00AM

Wall Street Journal

- Articles from the Wall Street Journal
- Monday through Friday 10:00PM, Replay Tues through Friday 5:00AM

Waterloo Cedar Falls Courier

- Readings from the Waterloo Cedar Falls Courier
- Monday through Friday 1:00PM
- Podcast Channel: Northern Iowa News

Wired Magazine

- Articles from Wired Magazine
- Monday 12:00AM, Thursday 6:00AM